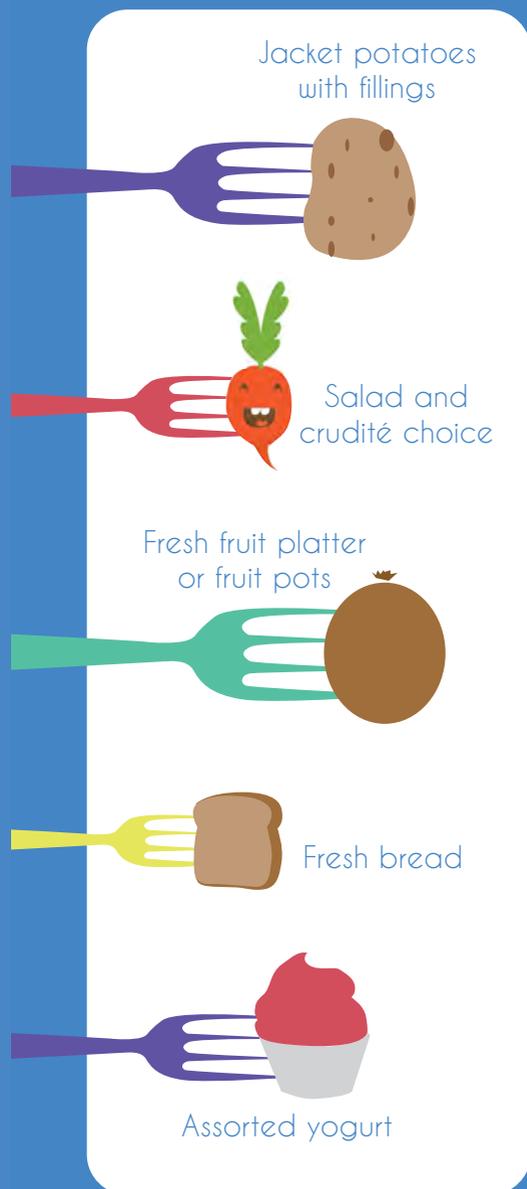


# Autumn/Winter term menu 2016/2017

A selection of the following also available daily



## Week 1

5<sup>th</sup> September, 26<sup>th</sup> September,  
17<sup>th</sup> October, 14<sup>th</sup> November,  
5<sup>th</sup> December, 2<sup>nd</sup> January,  
23<sup>rd</sup> January

## Week 2

12<sup>th</sup> September, 3<sup>rd</sup> October,  
31<sup>st</sup> October, 21<sup>st</sup> November,  
12<sup>th</sup> December, 9<sup>th</sup> January,  
30<sup>th</sup> January

## Week 3

19<sup>th</sup> September, 10<sup>th</sup> October,  
7<sup>th</sup> November, 28<sup>th</sup> November,  
19<sup>th</sup> December, 16<sup>th</sup> January,  
6<sup>th</sup> February

Monday

Butchers beef burger in a bun  
Neapolitan Pasta   
Oven baked potato wedges  
Garden peas, rainbow coleslaw  
Marble cookies

Turkey meatballs in tomato sauce  
Vegetable & lentil curry   
Brown & white rice, sweetcorn,  
diced carrots  
Apple crumble & custard

Red tractor barbeque sausage  
Quorn barbeque sausage   
Savoury rice  
Carrots and peas  
Chocolate pear sponge &  
chocolate sauce

Tuesday

Turkey and leek pie  
Selection of pizzas   
Diced potatoes, sliced green beans  
Fresh roasted vegetables  
Dorset apple cake & custard

Pasta bar day: penne pasta with  
beef bolognaise, creamy cheese  
sauce or tomato provencale   
Garlic and French bread  
Coleslaw, green beans  
Mandarin gateau

Chicken & pasta bake  
Roasted vegetable wrap   
Boiled potatoes with chives  
Sliced green beans, sweetcorn  
Jammie Dodger

Wednesday

Roast pork  
Quorn Fillet   
Roast potatoes  
Carrots & sweetcorn  
Arctic roll, fruit jelly

Roast chicken & stuffing  
Vegetable nuggets   
Roast potatoes  
Spring greens & carrots  
Golden crispy cake

Honey roasted gammon  
Cheese and tomato flan   
Roast potatoes  
Broccoli & cauliflower florets  
Fruit jelly & cream

Thursday

Chicken curry with brown & white rice  
Mexican bean pastie   
Boiled potatoes  
Cauliflower & broccoli florets  
Chocolate shortbread &  
chocolate sauce

Meat feast pizza  
Vegetable quarter pounder   
Tomato pasta salad, jacket wedges  
Garden peas, grilled tomato  
Frozen smoothies, fresh fruit

Spaghetti bolognaise  
Roasted vegetable  
pasta bake   
Mixed vegetable selection  
Apple turnover

Friday

Oven baked fish fingers  
Salmon fishcake  
Vegetable grill in a bun   
Chipped potatoes  
Garden peas, baked beans  
Melon medley, iced sponge

Cod portion in bubbly batter  
Veggie sausages   
Chipped potatoes  
Sweetcorn, baked beans  
Oat cookies, grape pots

Oven baked fish fingers  
Vegetable spring rolls   
Chipped potatoes  
Garden peas, baked beans  
Assorted ice creams or  
mousse fruit salad

 Vegetarian lunch

Please note that local needs may necessitate a change to the menu